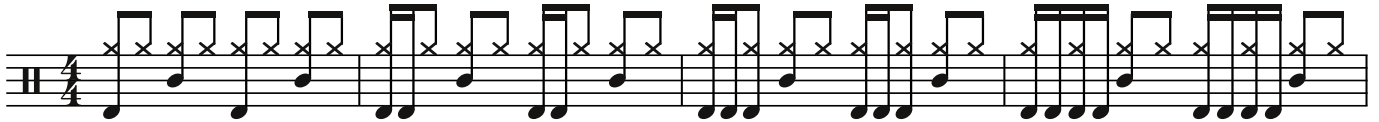


# BASSDRUM-FITNESS

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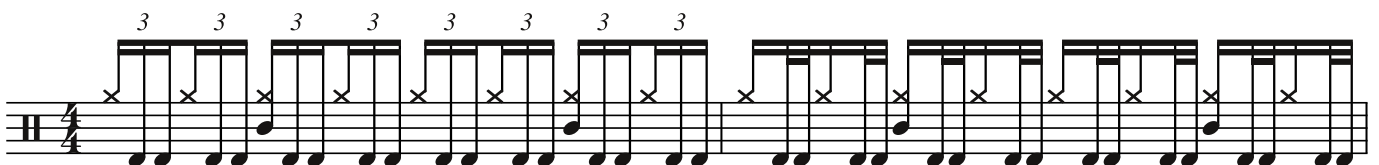
## Lesson 1



## Lesson 2



## Lesson 3



## Lesson 4

